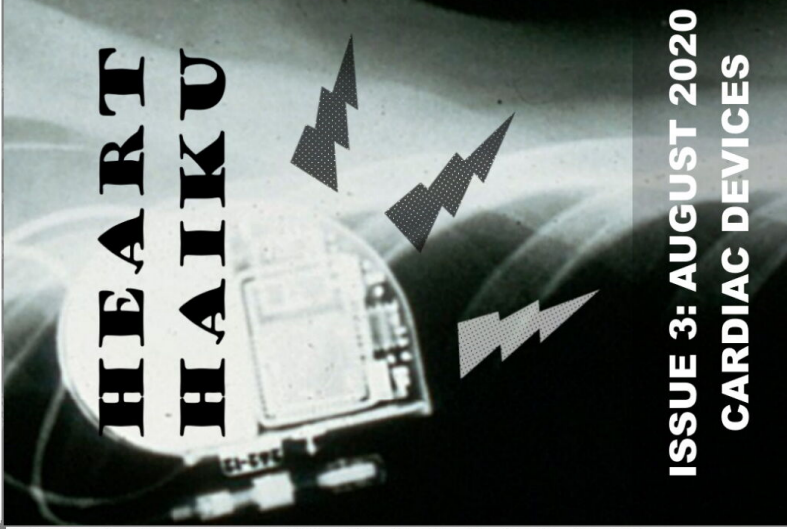


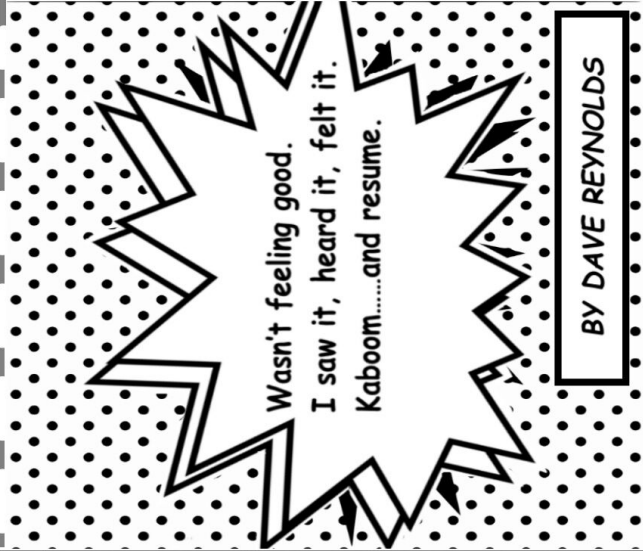
# HEART HAIKU



All contributions submitted as  
comments on [www.heartytales.co.uk](http://www.heartytales.co.uk)  
in response to a call-out for haiku.

**BY DAVE REYNOLDS**

Wasn't feeling good.  
I saw it, heard it, felt it.  
Kaboom.....and resume.

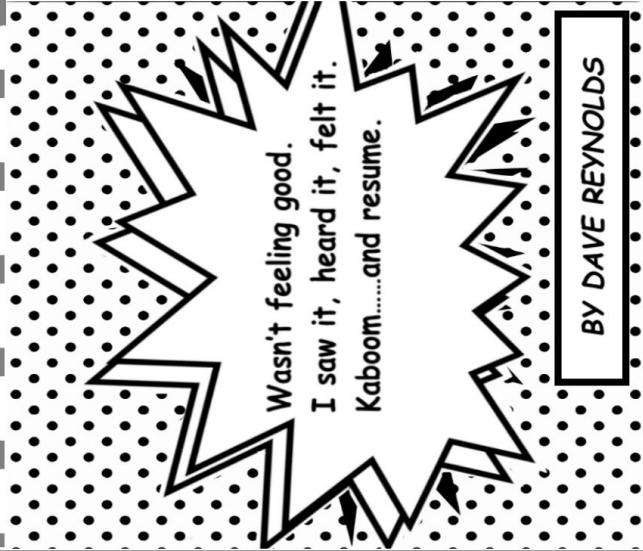


# THE CIRCUIT OF LIFE SOME HAVE TO LIVE WITH THE SCARS AND SOME BATTERIES

By Jo

**BY DAVE REYNOLDS**

Wasn't feeling good.  
I saw it, heard it, felt it.  
Kaboom.....and resume.



Heart dying,  
no blood,

Insert medical  
grade steel,

Extra life  
acquired

By Linda Guise

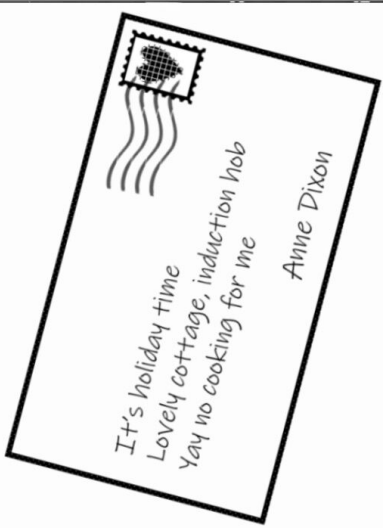


*Naught to sixty seconds  
No more life in the fast lane  
Paced rhythm cruise control*

By Jo

**Defib in my chest  
Stands up when I sleep at night  
Pat it down again.**

**By Alip**



**A TINY BALLOON  
OPENING IN MY HEART LIKE HOPE.  
ANGINA, SO LONG.**

**BY MRSRUNACRES**



*Something isn't right,  
Guardian angel kicks in.  
Thank you Gabriel.*

*By Dave Reynolds*



## Pacemaker

Every beat, paced  
From just eleven days old  
No choice

Stay very still  
The nurses and doctors need to fix you  
How much longer?

Just a little girl  
Just another trip to theatre  
Survival uncertain

My body, silenced  
Needles, scalpels, tubes, stitches, scars  
It hurts

By Liza Morton

Please don't forget  
Your medical experiment, your job  
Is my life

I don't feel well  
You should be feeling fine now  
But I don't

Sit and watch  
The other kids running, skipping and playing  
And read a book

Abnormal, inside  
my body, living as normal  
a life as possible

Always knowing life, as a gift  
A fragile web, glistening in the rain  
As beautiful as transient

Use these instructions by Drawn Poorly ([drawnpoorly.wordpress.com](http://drawnpoorly.wordpress.com)) to help you assemble your zine. Depending on your printer, you may need to trim around the outside of your printed zine before you begin to fold. The dotted line in the middle of your printed zine shows you where to cut in step 5.

Mini zines are fun to make!

**All you will need is:**

- A piece of paper that can be folded into eight. (A4 paper works best)
- scissors
- a pen/pencil

**You can also use other materials you have such as:**

- newspapers, leaflets and magazines
- stickers
- felt tips & colouring pencils.

**2.**

**Drawn Poorly**

**How to make A mini zine**

**1.**

**How to fold your zine**

Folding zines takes practice. Try and fold as closely to the edges as possible.

**Step 1. Fold the A4 piece of paper in half.**

**3.**

Zines are all about having a go and sharing your ideas.

Make one for a pal, write your own short stories, fill it with pictures you like. Whatever you do, make it uniquely yours.

If you use this guide, we'd love to see, tag us at @drawnpoorlyzine on Instagram or Twitter

**8.**

**Step 2. Fold the paper in half again.**

**Step 3. Unfold your paper, you should have eight rectangles like this**

**4.**

**Step 8. Then, hold your mini zine in both hands and push the paper towards the centre cut.**

As you do this you'll see the pages push out, you might need to define the page creases to help.

Then... presto!

Your very own mega mini zine to put what ever you like in!

**7.**

**Step 4. Fold the paper into two again like this**

**Step 5. Take your scissors. At the bottom of the top left folded rectangle, cut to the middle of the page.**

**5.**

**Step 6. Unfold your paper again. There will be a cut in the middle of your zine. This will help to make the pages**

**Step 7. Fold your paper the other way so that the cut is in the middle at the top**

**6.**

Many thanks to collaborative zinesters extraordinaire DRAWN POORLY for sharing this fabulous resource!