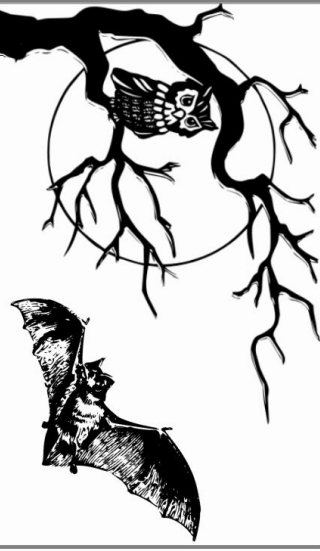


# FEARS

ISSUE 5: OCT 2020



# HEART HAIKU



*Wide awake at night*

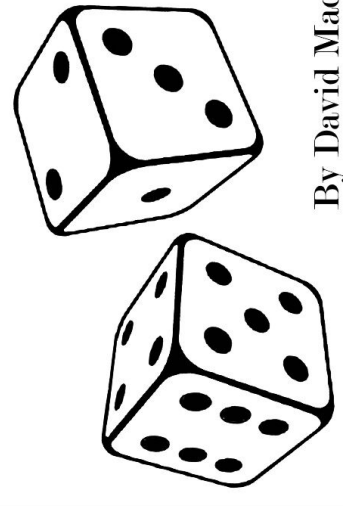
*My heart pounding hard and fast*

*Must try to be calm...*

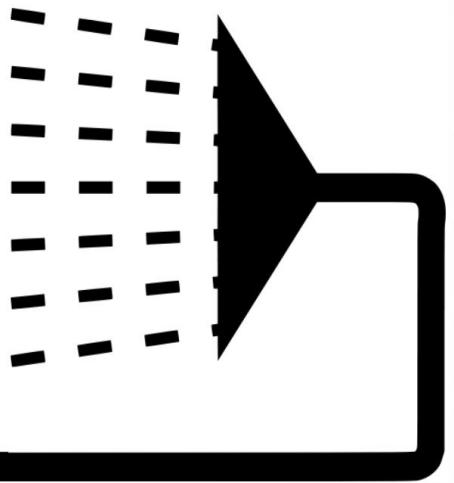
*By Wendy*

All contributions submitted as  
comments on [www.heartytales.co.uk](http://www.heartytales.co.uk)  
in response to a call-out for haiku.

By David Mac



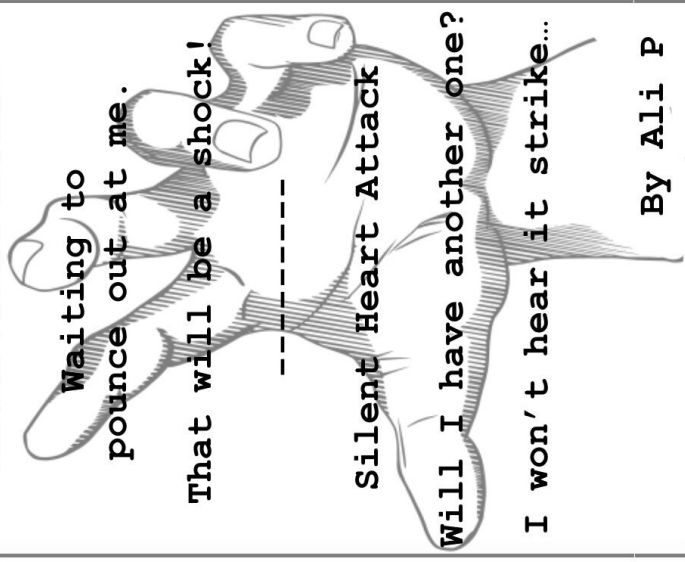
One in a hundred  
chance of death during the op.  
Am I one hundredth?



**I fear my shower.  
It's where I had  
my first shock.  
Naked and alone.**

By David Reynolds

By Ali P



Defib lurks silent

Waiting to  
pounce out at me.  
That will be a shock!

Silent Heart Attack

Will I have another one?

I won't hear it strike...

*Charlotte & Sophie  
Twa Bonnie lassies*

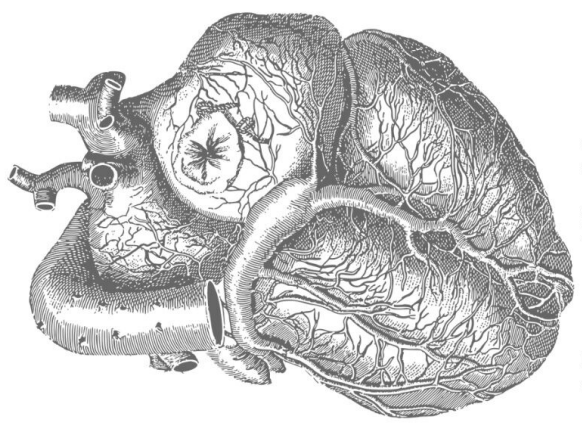
*The light o' ma ee, nae doot,  
Will ah see them grow?*

*Elanne*

*Her smile once lit rooms,  
I should tell her once again,  
Afore it's too late.*

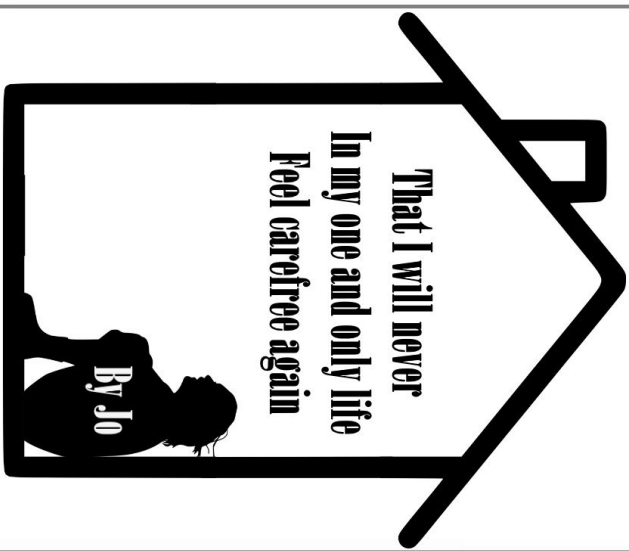
*By Henry Knowles*

By Laura



My petrified heart  
Thickens the air to liquid -  
I drown on dry land.

**That I will never  
In my one and only life  
Feel carefree again**



By Jo

Use these instructions by Drawn Poorly ([drawnpoorly.wordpress.com](http://drawnpoorly.wordpress.com)) to help you assemble your zine. Depending on your printer, you may need to trim around the outside of your printed zine before you begin to fold. The dotted line in the middle of your printed zine shows you where to cut in step 5.

Mini zines are fun to make!

**All you will need is:**

- A piece of paper that can be folded into eight. (A4 paper works best)
- scissors
- a pen/pencil

**You can also use other materials you have such as:**

- newspapers, leaflets and magazines
- stickers
- felt tips & colouring pencils.

**2.**

**Drawn Poorly**

**How to make A mini zine**

**1.**

**How to fold your zine**

Folding zines takes practice. Try and fold as closely to the edges as possible.

**Step 1. Fold the A4 piece of paper in half.**

**3.**

Zines are all about having a go and sharing your ideas.

Make one for a pal, write your own short stories, fill it with pictures you like. Whatever you do, make it uniquely yours.

If you use this guide, we'd love to see, tag us at @drawnpoorlyzine on Instagram or Twitter

**8.**

**Step 2. Fold the paper in half again.**

**Step 3. Unfold your paper, you should have eight rectangles like this**

**4.**

**Step 8. Then, hold your mini zine in both hands and push the paper towards the centre cut.**

As you do this you'll see the pages push out, you might need to define the page creases to help.

Then... presto!

Your very own mega mini zine to put what ever you like in!

**7.**

**Step 4. Fold the paper into two again like this**

**Step 5. Take your scissors. At the bottom of the top left folded rectangle, cut to the middle of the page.**

Out here's  
folded edge

**5.**

**Step 6. Unfold your paper again. There will be a cut in the middle of your zine. This will help to make the pages**

**Step 7. Fold your paper the other way so that the cut is in the middle at the top**

**6.**

Many thanks to collaborative zinesters extraordinaire DRAWN POORLY for sharing this fabulous resource!