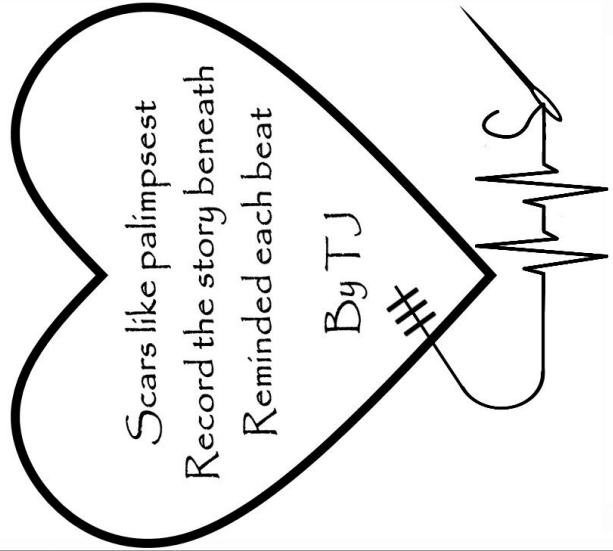


HEART HAIKU

All contributions submitted as
comments on www.heartytales.co.uk
in response to a call-out for haiku.



Scars like palimpsest
Record the story beneath
Reminded each beat

By TJ

By Chandni Radia

That's it!

They cut me open
And saved my heart and my life
The scar is a scar

By David Reynolds

Some scars you can see.
Some are hidden under skin.
Some are in my head.

By Monica Bartovska

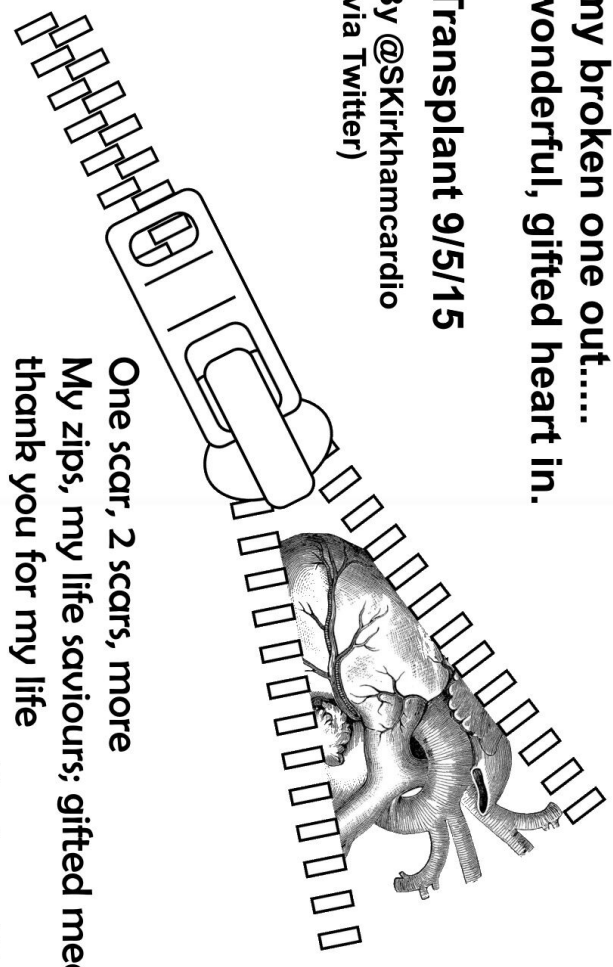
17 weeks since my op
When my heart was stopped
They have sewn me up...
And I was up!
Already on second day!
Hurrah!
All was well, alas!
Keloid formed to harass
Poor me...

transforming dying to living....

A ZIP.
my broken one out.....
wonderful, gifted heart in.

Transplant 9/5/15

By @SKirhamcardio
(via Twitter)



One scar, 2 scars, more
My zips, my life savours; gifted medics
thank you for my life

By Anne Dixon

Three angiograms
Two stents put into my heart
Three tiny white scars IIII

"I'll just take some blood"

No veins for the needle, though.

Many little dots...

By Ali P



ICD they said,
Fat angry wound at the time
Now just a white line

Use these instructions by Drawn Poorly (drawnpoorly.wordpress.com) to help you assemble your zine. Depending on your printer, you may need to trim around the outside of your printed zine before you begin to fold. The dotted line in the middle of your printed zine shows you where to cut in step 5.

Mini zines are fun to make!

All you will need is:

- A piece of paper that can be folded into eight. (A4 paper works best)
- scissors
- a pen/pencil

You can also use other materials you have such as:

- newspapers, leaflets and magazines
- stickers
- felt tips & colouring pencils.

2.

Drawn Poorly

How to make A mini zine

1.

How to fold your zine

Folding zines takes practice. Try and fold as closely to the edges as possible.

Step 1. Fold the A4 piece of paper in half.

3.

Zines are all about having a go and sharing your ideas.

Make one for a pal, write your own short stories, fill it with pictures you like. Whatever you do, make it uniquely yours.

If you use this guide, we'd love to see, tag us at @drawnpoorlyzine on Instagram or Twitter

8.

Step 2. Fold the paper in half again.

Step 3. Unfold your paper, you should have eight rectangles like this

4.

Step 8. Then, hold your mini zine in both hands and push the paper towards the centre cut.

As you do this you'll see the pages push out, you might need to define the page creases to help.

Then... presto!

Your very own mega mini zine to put what ever you like in!

7.

Step 4. Fold the paper into two again like this

Step 5. Take your scissors. At the bottom of the top left folded rectangle, cut to the middle of the page.

5.

Step 6. Unfold your paper again. There will be a cut in the middle of your zine. This will help to make the pages

Step 7. Fold your paper the other way so that the cut is in the middle at the top

6.

Many thanks to collaborative zinesters extraordinaire DRAWN POORLY for sharing this fabulous resource!