

HEART HAIKU

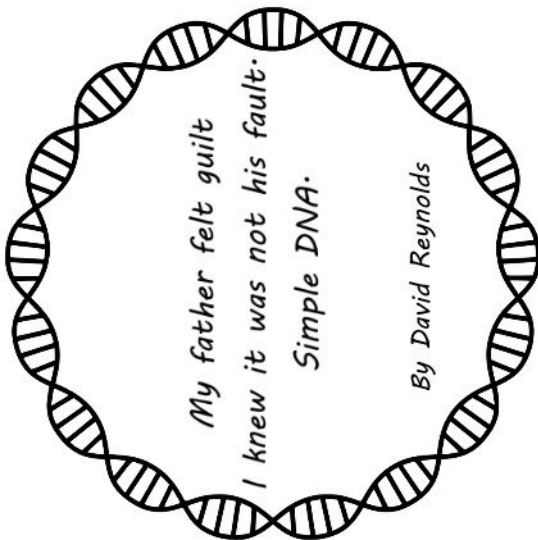
FRIENDS & FAMILY

My mum's one of us.
Heart attack at sixty eight.
Now she's ninety three!

By Ali P

An unconditional love,
and an inseparable bond.
A broken heart healed instantly
by a mother's touch.

All contributions submitted as
comments on www.heartytales.co.uk
in response to a call-out for haiku.



My father felt guilt
I knew it was not his fault.
Simple DNA.

By David Reynolds

Daughter on the phone.

From the F.R. I fake cheer:

Can't be,
my heart's fine!

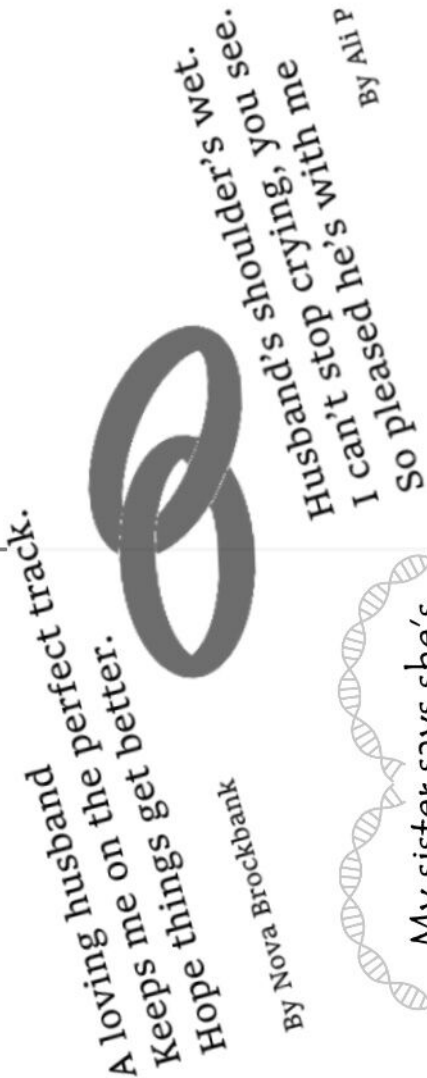
By Margarita Saona

By Kerrie Kent

Rhythm lost, beats missed.

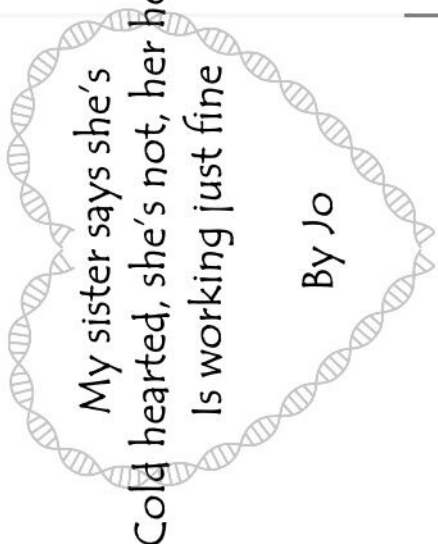
Ah . . . loss, ah . . . missing - AFib
or simple heartbreak?

By Rinchen



Hope
keeps me on the perfect track.
A loving hug
is better.

By Nova



My sister says she's
cold hearted, she's not, her heart
is working just fine

By Jo

Phoned my
friend in tears -
She ditched work
so I could say

"Transplant,"
face-to-face.

By
Laura

Friend phoned
me in tears -
Her heart is
broken but it's

By
Bernie

The best
heart I know

Here in CCU
The days go by so slowly.
But good friends visit.

By Ali P

Friend came to visit
I was having MRI.
Friend kindly waited.

By Ali P

Use these instructions by Drawn Poorly (drawnpoorly.wordpress.com) to help you assemble your zine. Depending on your printer, you may need to trim around the outside of your printed zine before you begin to fold. The dotted line in the middle of your printed zine shows you where to cut in step 5.

Mini zines are fun to make!

All you will need is:

- A piece of paper that can be folded into eight. (A4 paper works best)
- scissors
- a pen/pencil

You can also use other materials you have such as:

- newspapers, leaflets and magazines
- stickers
- felt tips & colouring pencils.

2.

Drawn Poorly

How to make A mini zine

1.

How to fold your zine

Folding zines takes practice. Try and fold as closely to the edges as possible.

Step 1. Fold the A4 piece of paper in half.

3.

Zines are all about having a go and sharing your ideas.

Make one for a pal, write your own short stories, fill it with pictures you like. Whatever you do, make it uniquely yours.

If you use this guide, we'd love to see, tag us at [@drawnpoorlyzine](https://www.instagram.com/drawnpoorlyzine) on Instagram or Twitter

8.

Step 2. Fold the paper in half again.

Step 3. Unfold your paper, you should have eight rectangles like this

4.

Step 8. Then, hold your mini zine in both hands and push the paper towards the centre cut.

As you do this you'll see the pages push out, you might need to define the page creases to help.

Then... presto!

Your very own mega mini zine to put what ever you like in!

7.

Step 4. Fold the paper into two again like this

Step 5. Take your scissors. At the bottom of the top left folded rectangle, cut to the middle of the page.

Out here
folded edge

5.

Step 6. Unfold your paper again. There will be a cut in the middle of your zine. This will help to make the pages

Step 7. Fold your paper the other way so that the cut is in the middle at the top

6.

Many thanks to collaborative zinesters extraordinaire DRAWN POORLY for sharing this fabulous resource!